



Unique Home Stays... Extraordinary houses... Simply the best hospitality



PRESS RELEASE

THE BEST WINTER HIDEAWAYS: RELAX AND UNWIND IN THE AFTERMATH OF CHRISTMAS

The social whirlwind of the festive season has finally come to end. You've eaten too much, drunk too much and spent too much time schmoozing with friends and family. So we've come up with the most secluded, intimate and luxurious private retreats, where you can hideaway for some me-time, relaxation therapies and, in some cases, a dose of sunshine:

Caradoc of Tregardock, North Cornwall, UK

Escape to this barn conversion perched on the isolated cliff tops of north Cornwall, and indulge in the cosy luxuries of a crackling log fire, a roll-top bath and a snug king-size bed with a view to the ocean. There's not a single feature beneath the high oak beams that scrimps on comfort. It's the perfect retreat whether you want to squirrel yourself away with a well-thumbed novel, walk off some of that Christmas turkey as you explore the wild coastal landscape, or stretch away the post-festive stress on a dedicated yoga weekend. If you fancy keeping yourself to yourself then you'll find your fridge filled with fresh organic fare, but if you can face even more gourmet indulgence after the Christmas feasting, first-class dinners can be served in the main kitchen.

www.tregardock.uniquehomestays.com

The Tryst, Tamilnadu, India

Steal away to the peace and quiet of India's Nilgiri Mountains, where you can soothe away the after-effects of festive frivolities with Ayurvedic treatments. Far from the hubbub of home, you will be surrounded only by nature and wildlife, as you indulge in massages, explore the beautiful grounds with a view to the lush hills, and relax in secluded sit-outs where you can bird-watch, sketch, read and write. Get away from it all and hide out in the arms of nature, or take some time to inch your way back towards the wider world as you utilise the music room, gymnasium or library.

www.tryst.uniquehomestays.com

Villa Oliveto, Lucca, Tuscany, Italy

Don't wait for summer to experience the secluded treasures and romance of Italy – it makes the perfect winter getaway and an ideal antidote to the busy Christmas months. Immerse yourself in the beauty and tranquillity of an old olive grove looking down on the ocean from its own private hill. Squirrel away on your own or with loved ones, dare to take the plunge in the saltwater pool, and treat yourself to private anti-stress or physiotherapy massage sessions to get you back in full working order, ready to start the new year afresh.

www.villaoliveto.uniquehomestays.com

Casa Nickel, Gerona, Spain

You don't have to travel too far for some warmer weather and a luxurious place to hideout in the aftermath of the festive season. And if you head to Spain's Costa Brava in the winter, you will be welcomed by pine-clad hillsides and stunning ocean views, uninterrupted by the summer crowds. Warm-up and unwind in the exquisite setting of Casa Nickel – a luxury retreat on the Gavarres hillside, boasting panoramic views over the stunning Palamos Bay. Why face the misery of your local gym when you can burn off those excess Christmas pounds in the heated outdoor swimming pool, wandering along the scenic coastal trails or playing an 18-hole round of golf with a view?

www.casanickel.uniquehomestays.com

Gorah House, Addo, Plettenberg Bay, South Africa

Had enough of people? Leave them all behind and hang out with the elephants from a unique, luxury safari camp. Your tent promises more luxuries than some of the best hotels – a period finish, en suite bathrooms and a private deck from where you can experience the majesty of elephant herds gathering by the waterhole. During the day relax on the sun-drenched decks and glide up and down the rock swimming pool; at night dine under the stars and watch the animals arrive to drink at the waterhole under the cover of darkness.

www.gorah.uniquehomestays.com

ENDS

For More Press Information Contact: Sarah Stanley

TEL: +44(0)1637 881942 : Email: sarah@uniquehomestays.com : Web: **www.uniquehomestays.com**

Notes to Editors:

- This is a small selection of unique home stays that would make perfect post-festive retreats. Please see our website for more ideas and accommodation to suit your market. We have properties in the UK, USA, Spain, South Africa, Portugal, New Zealand, Italy, India, Greece, Germany and France.
- A selection of high-resolution images is available.
- We work alongside a handful of professional journalists who can provide bespoke write-ups if required.
- Launched in 2001, Unique Home Stays offers the crème de la crème of privately hosted accommodation that offers a unique alternative to run-of-the mill hotels. Having travelled the world, MD Sarah Stanley knew what she expected from top quality accommodation: Intimate and luxury hospitality, pristine homes oozing with character, excellent regional cuisine and comfortable bedrooms with all the trimmings. Today Unique Home Stays offers superior accommodation in over 100 homes scattered over 14 different countries. The properties include castles, priories, rectories, windmills, water mills, townhouses, coastal homes and even a house in the sea.