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Cozy bedroom ideas – 10 simple ways to create a calm, cocooning space

Let our cozy bedroom ideas inspire you to add a little extra softness and warmth to your sleep space

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(Image credit: Unique Homestays)

Cozy and bedroom go hand in hand right? You want cozy bedroom ideas that are going to make the room to sleep in to feel comforting, calming, cocooning. And despite it being very fashionable now to have stark, clean, minimalist rooms (and don't get us wrong we love that look too) we still think there's space in the interior trend world for coziness.

We're talking texture, layers, carpets, low lighting, gentle tones, and subtle prints. That old word hygge comes to mind, which for all its over usage does have roots in something we think bedroom ideas should be all about.

But cozy doesn't have to mean cluttered. There are plenty of ways to create an inviting bedroom that still feels fresh and modern, so we asked designers for their top tips for approaching hygge in a new, more minimalistic way.

The quickest and easiest way to make a bedroom feel cozy is to bring in plenty of different textures and layer up different materials. This is something that can be achieved with any style, just look out for throws, cushions, and finishes that are tactile. Think sheepskin, faux fur, boucle, and velvet, and add in natural materials too like jute, rattan, and wood.

Lighting is key too. Keep the lighting soft and low and make sure you have plenty of different sources so the light is gently diffused around the room rather than focused on certain areas.

PICK SOFT LIGHTING WITH TACTILE FINISHES

(Image credit: Unique Homestays)

Bedroom lighting is perhaps the most important aspect of a cozy space. You can pile up as many throws as you like, but if you switch on a harsh overhead light the vibe is gone. The key is to keep all your lighting soft, avoid any exposed bulbs and choose the right shade.

'To induce inherent warmth, opt for lighting enveloped by natural materials,' Suzanne Duin, founder of Maison Maison recommends. 'A dose of warm amber seagrass or the cool blondness of water hyacinth can instantly create a calm, cohesive and sophisticated look. These tactile materials add comfort and interest to a space, lending it a sense of reassuring, warm tactility.'