

POSTCARD

Full English

Park the passport: the smartest spa breaks are all about a domestic des-res with treatments on tap



*Escape the daily grind
at 400-year-old
Ellesmera Mill*

ELLESMERA MILL

Dartmouth, Devon

Bed down in this 400-year-old former mill house, which has been lovingly restored by its owners into an elegantly rustic refuge. Days can be spent meandering the coastal pathways and soaking up the sun on the beach; then, back at base, up to 10 guests can explore the flower-filled gardens or wind down in the cocooning home cinema. As for spa-seekers, they can while away the hours in the bubbling hot tub or aromatic outdoor sauna. uniquehomestays.com

ELISSA *Cirencester, Gloucestershire*

Encircled by countryside, this converted chapel sleeps four and celebrates simple pleasures. Ramble through nearby woodland, cosy up next to the woodburner, or drink in the sunset from the alfresco hot tub. After a long walk, nothing beats a spell of reflexology in your cottage by local therapists Glo Pamper. uniquehomestays.com

